CONVERSATION

Conversation is key to living a fun and fulfilling life. Conversation is important for finding and keeping a mate. Converation is what separates humans from animals. By asking questions; you can peel back the onion on someone to learn about them and find common ground. Common ground is beliefs, opinions, thoughts, or ideas that you share with the person you are conversating with. Being curious when you conversate leads to many positive outcomes that help you find things you share with someone. This helps you find everything you are searching for in a friend, family, or mate!

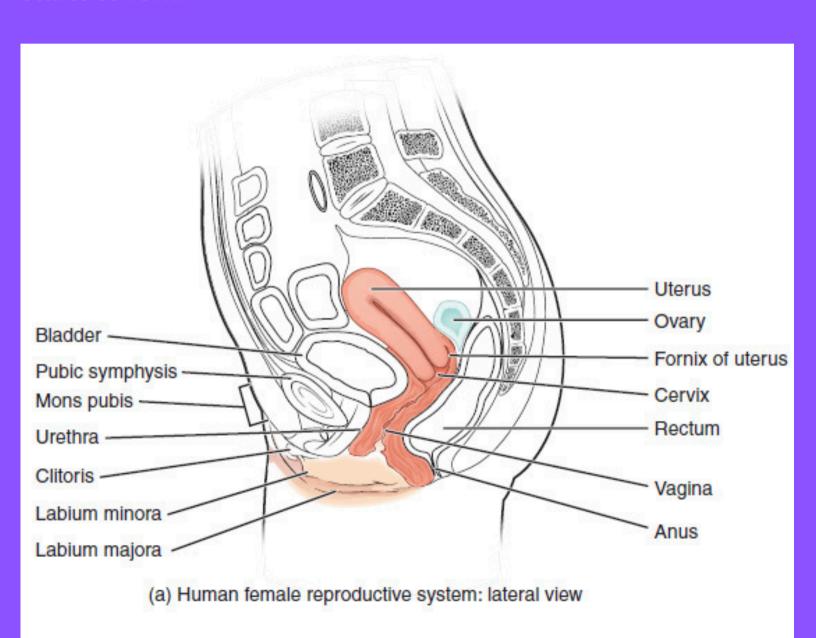
Conversation is fun when you connect with someone. Connecting makes you feel a positive emotion in your body. This positive emotion feels good and makes you feel happy! Connecting can be done on dates and in real life with anyone you conversate with. In order to connect with someone you need to know who you are and what you like. By thinking about what you like; you can connect with people! For example: If I say I like a certain football team that you also like. Then you can reply by saying "I love that football team too!" Then you both feel a positive emotion. This positive emotion feels good! Connecting is the gas that fuels your fire and makes your conversation fun!

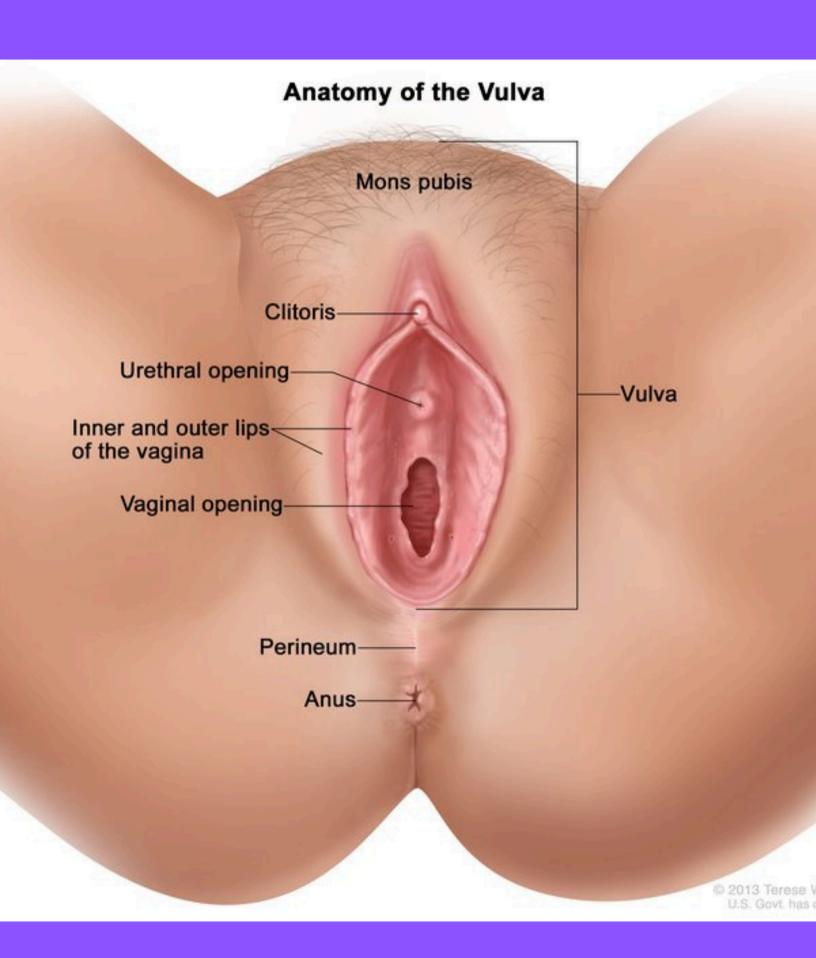
There are various forms of communication. When it comes to impressing women and getting them to like you; flirting is key! Flirting is essentially fun and playful communication. Flirting can be done in many ways. For example, you can say this to a girl and make her laugh. "I think you look funky like Mr. Potato head without the mustache, of course!" Saying something funny makes a girl laugh and feel positive emotions. The more positive emotions you make a girl feel will cause their vagina to get wet. Essentially, these emotions turn a girl on like when a man gets a boner. Playful flirting is fun and is important to finding and keeping a girl that you can date, have sex with, and maybe even get married too!

If you are a man and want to get girls and want to know what unlocks a women. Here is my key to the demeanor and conversation needed to get women to like you. BE JOVIAL! BE FUNNY! ASK QUESTIONS! DON'T SAY STUPID SHIT! That's it. B^2ad

FEMALE ANATOMY

Below is the female reproductive system anatomy. As you can see the vagina leads to the cervix and uterus. Sperm should be deposited by the male into the females' vagina. The sperm then heads north to the uterus where the female egg is located and waits to be fertilized. After the egg is fertilized; a human baby starts to form!





Let's take a closer look at the vagina anatomy. This will help you know the different anatomical terms that are needed to know so you can help your partner have lots and lots of orgasms!

The female vagina can be broken down into different parts. Let's start with the inner and outer lips of the vagina. Then we can see the "clitoris" located on the north end of the vagina. The clitoris is a small bead like thing that is extremely sensitive when stimulated. This can be done by a man when they rub or lick the clitoris with their tongue. When the clitoris is stimulated; the women feels amazing and has lots of "orgasms." These positive shimmery like feelings penetrate the females' spine and body. A women can have multiple orgasms and help them feel amazing!!

"Going down on a women." This is when a man or women stimulates their females' clitoris and vagina at the same time. This feels really good for a women and is fun for a man! The strategy for going down on a women is to lick their clit and finger bang their vagina. Finger banging the vagina can be done by sticking your fingers inside the wet vagina and rapidly move your finger in and out. This makes a girl feel amazing and have many orgasms!

If you aren't familiar with the vagina, you must remember what you learned in this program. The vagina is what the women pees out of. The vagina is also key to sex. The penis is what the man pees out of. Sex occurs when a man inserts his penis inside the women's vagina. When a man orgasms; his penis deposits sperm into the vagina. That sperm heads north to the uterus to fertilize the women's egg so they can get pregnant and have a baby!

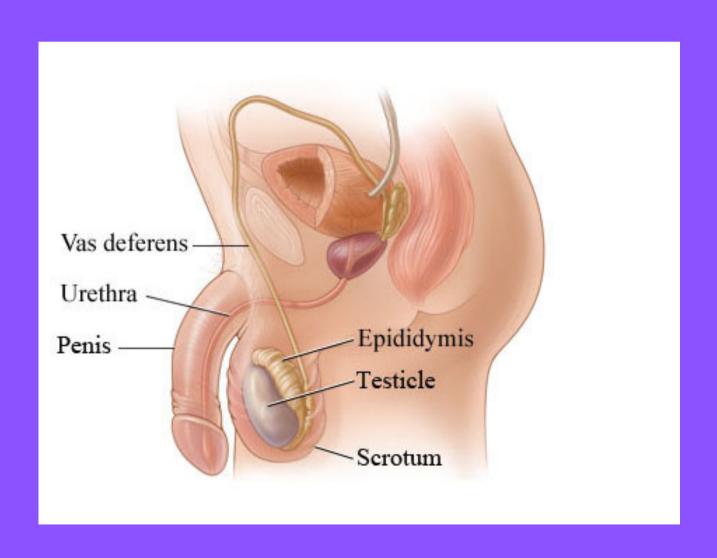
The other anatomy key to the female reproductive system and sex is the anus. The anus is what a women poops out of aka...the butt. A man's penis can be inserted inside a women's anus to have "ANAL SEX." The key to anal sex is to wear a condom so you can toss it off after having anal sex because it will have poop on it and stink... and be gross! Last, you cannot get pregnant from having anal sex. So, if you are having anal sex and want to get pregnant, it won't happen.

MALE ANATOMY

The main parts of the male anatomy are the penis, urethra, and vas deferens. The penis is used for sex when erect or hard. When the penis is flaccid a man can pee out of his penis.

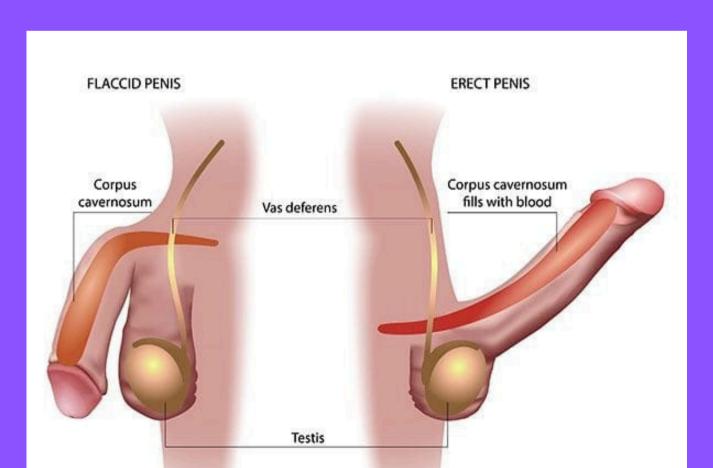
The vans deferens produces sperm to be ejactulaed when a man orgasms.

The urethra is where the mans' pee is located. When a man's penis is flaccid; he can pee out of it.



In the previous picture of the penis, it is flaccid. I will reiterate, when the penis is flaccid, the man can pee. A flaccid state is also the resting state for the penis. In the next picture below, the penis is "erect." When the penis is erect, the man can either jack off, get a blow job, or have sex. If you aren't familiar with the erect feeling, the penis can be erect in the morning. This is called "morning wood."

When blood engorges the penis, the penis becomes erect. When erect, the penis can be inserted into a wet vagina to have sex. The testicles are located near the beginning of the penis shaft. To have sex: one must insert an erect penis into a wet vagina. With a rapid thrusting motion of the penis; a man can make a women feel amazing and help her have multiple orgasms!



MASTURBATION

MASTURBATION aka...JACKING OFF; FOR MEN!

I am going to explain "jacking off" and what it looks like for men and women. When the man jacks off, he will first get an erection. This can be done by imaging a women or something that arouses him. One way a man can get erect is from watching porn. When your dick is hard; this is key to jacking off because you won't be able to do it without a hard dick. Many men jack off when their dick is flaccid. This leads to spagehhti dick. A dick longer than 5" or more flaccid is not good if it can't get hard! When your dick is hard, you need to move your hand up and down your erect penis shaft. The tip of the penis is the most sensitive. Stroking your penis feels good when it's wet. Once your penis is stimulated-or hard-you can orgasm. Cum or sperm comes out whe you orgasm.

When your dick get's erect, aka hard, you should not immediately cum... or orgasm and splooge aka blow a load aka cum. Cum is what comes out of a man's penis. Scientifically speaking this is a man's sperm.

!!WHAT NOT TO DO!!

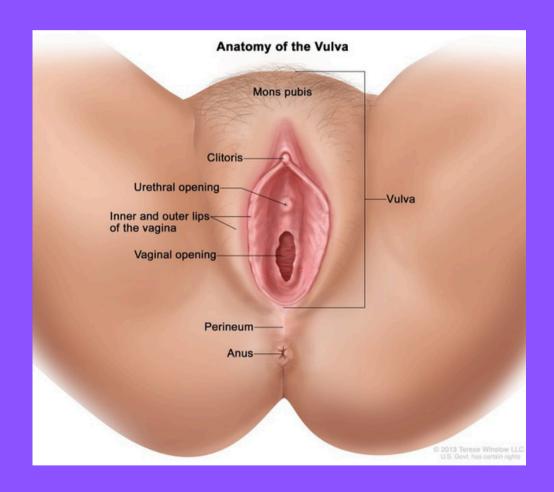
"Spagehhti dick" is done by engorging the tip of the penis with blood to extend the penis flaccid size. Never do this!!! It will make your flaccid penis longer but ultimately; it doesn't matter. The only thing that matters is that your dick get's hard so you can jack off or insert it into a wet vagina and thrust her vagina to have sex. I will reiterate: in order to jack off, you must use your hand to go up and down the penis shaft while your penis is erect or hard. This can also be called "stroking" your erect penis to jack off.

LAST, you must "LUBE" up your erect penis. I reiterate: you must lube up your erect penis to jack off. You should only touch your dick if you are pissing or jacking off. In order to lube your penis you must use spit or lube. You should never ever ever ever jack off your penis when it is not lubricated. After spitting on your hand to lubricate the penis the spit eventually dries up. When the spit dries up you must spit again in your hand and reapply. You must do this again and again or else you will get burn marks on your penis that eventually scab. Scabs are bad! They hurt your penis. This is the exact opposite of what you want to do when jacking off!!! Again, lube or spit and reapply lube to your penis again and again.

I will reiterate when moving your hand up and down the penis, it should always be "lubricated." A lubricated penis feel good. It shouldn't be painful. It shouldn't have scabs. It shouldn't be bloody. You must never shed your penis. If you have scabs or a penis longer than 5' flaccid, or you are "shedding" by having someone or yourself removing scabs from your penis, you are not doing it right. If you have one of the above issues, go to CLEMENTINE.CO < SIGN UP < DICK RECOIL. Click it and you will get your dick back. Follow the above information to jack off alone or with your partner. Jacking off should be fun and feel good. It shouldn't be painful and feel bad!

WOMEN JACKING OFF

When women jack off they rub their labia majora and labia minora aka Inner and outer lips of the vagina that can be seen in the image below. They can also rub their clitoris, or penetrate their vagina using fingers, dildos, or vibrators.



SEX

When you get hard, you should not cum immediately and have an orgasm. This is the opposite of what you want to have happen. Once you have an orgasm, this is your one shot for men. You can keep penetrating the vagina after cuming, but it can feel weird. This is why you should practice not cuming so you can stay in the game and give your female partner more orgasms than god. You should try to last, or not cum for ideally 20-30 minutes. If you go to PERC3PTION.CO > COACHING > SEXUAL HEALTH...you can sign up to get our software. It allows you to have sex until your dick falls off. Then, when you are ready to cum; turn it off, and you can orgasm. Your women will love you and have gazillions of orgams and you will feel like a king!

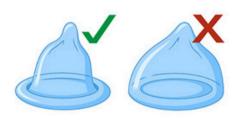
In order to have sex we must go over a couple things. You know now where your penis is for men and where your vagina is for women. If you want to have sex with someone and you don't want them to get pregnant or get sexually transmitted diseases (STD's)...the man must wear a condom. See the condom protocol below!

Condoms

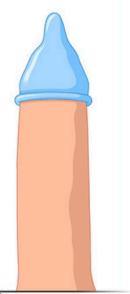
External / male condoms



Check the expiration date. Carefully tear open one end of the condom package.



Make sure the condom is placed rolled side out.



3) Place the unrolled condom on the head or tip of the erect penis. Leave 1/4 inch of room at the tip.



4) Squeeze the air out of the top to form an empty nipple to collect the sperm.



5 Unroll the condom all the way to the base of the penis.

Now that we have pinpointed how condoms work we can get to the fun stuff! Once the man and women are ready to have sex; they should do foreplay. The female needs 5-10 minutes of foreplay to get "turned on" or get a wet vagina. This can be flirting. This can be touching the females breasts or kissing each other. This can be fingering the vagina or going down on a women. Start super slow fingering the vagina until it get's wet. Once it get's wet you can finger it faster. A massage can also be done to relax your partner and get them into the sexual mood. You can also watch porn to get into the sexual mood. Once the women is turned on and her vagina is wet will she be ready to have sex. When the man is turned on he will get an erection...aka an "erect" penis. This penis is able to get hard and penetrate the females vagina.

I will reiterate: sex occurs when the man inserts his penis into the womens' vagina. Then, the man will thrust his penis in and out inside the vagina. Then, the man will orgasm and deposit seamen or his cum into the vagina. If the man has a condom on, the sperm will be deposited in the condom so the girl doesn't get pregnant. If the male doesn't have a condom on; the sperm will get inside the female reproduction system that can get the girl pregnant. In oder to ensure the women doesn't get pregnant; she can take a Plan B pill to make it so she doesn't get pregnant.

Hand Job Fingering Blow Job Going Down Titty Fucking Sex Positions 3 Sum Bi-Sexual

HAND JOB

A hand job is simply a girl jacking off a guy. This must be done with lube on the man's erect dick. Lube or spit must be reapplied when the current spit or lube dries up! Apply again and again until orgasm.

FINGERING

This is when a man puts his fingers in a womens' wet vagina. The women will be turned on and her lube will make it so the man's fingers can move in and out of the vagina.

BLOW JOB

This is when a girl sucks on a guys dick. The man's penis is erect. She puts her mouth on his penis and sucks on it. The women should make sure the penis is lubed up from her mouth or spit. The women must also be aware not to bite the penis. She shouldn't use any teeth to get the man off, just lips!

GOING DOWN ON A WOMEN

This is when a man licks the clitoris or just places his tongue on the clit while finger banging the vagina at the same time!

Titty Fucking

This is when a women moves her boobs together and a man puts his penis in between the boobs. You must lube and re-lube to make it feel good. Women also like it when you lick her boobs nipples!

Kissing and Making Out

This is when two people touch lips.

Sex Positions

There are many sex positions that you can do to make sex more fun.

3 Sum

This is when 3 people have sex.

Bi - Sexual

This is when someone likes guys and girls.

Last, sex is fun! It shouldn't be painful or bloody. Women shouldn't have scabs in their vagina using blood as lube. This is not your period. Men shouldn't have scabs on their penis or "shedding."

Women, if your partner asks to have sex or make out; and you say no. If your partner doesn't listen to you and does a sexual act on you.. It could be kissing or sex. You are getting taken advantage of.

Last, you must do foreplay to get the vagina wet. Listen to your partner. Men should never force themselves on a women