

EXPERIENCE

WHAT IS YOUR FAVORITE CHILDHOOD MEMORY?

WHAT ADVICE WOULD YOU GIVE YOUR YOUNGER SELF?

**IF YOU COULD CHANGE SOMETHING ABOUT YOURSELF
WHAT WOULD IT BE?**

WHAT ARE YOUR FAVORITE ACTIVITIES?

**IF YOU COULD IMPROVE YOUR LIFE HOW WOULD YOU
DO IT?**

HOW OLD ARE YOU? _____

WHAT WAS YOUR FAVORITE VACATION, WHY?

WHAT WAS YOUR MOM LIKE?

WHAT WAS YOUR DAD LIKE?

WHAT WERE YOUR SIBLINGS LIKE?

WHAT WERE YOUR FRIENDS LIKE GROWING UP?

WHAT NEW ACTIVITIES CAN YOU DO THAT WILL MAKE LIFE MORE EXCITING AND FULFILLING?

WHAT ARE YOUR FAVORITE FOODS TO COOK?

WHAT ARE YOUR FAVORITE MUSICAL ARTISTS?

HAVE YOU TRIED DANCING? _____

HAVE YOU TRIED SINGING? _____

HAVE YOU TRIED EXERCISING? _____

HAVE YOU TRIED COOKING? _____

HAVE YOU TRIED READING? _____

HAVE YOU TRIED WRITING? _____

WHAT OTHER ACTIVITIES DO YOU LOVE?

WHAT IS THE MOST DEVIANT THING YOU'VE DONE?

WHAT IS YOUR FAVORITE LIE?

WHAT'S THE WORST THING YOU'VE DONE THAT MAKES YOU LAUGH THINKING ABOUT IT NOW?

WHAT DO YOU WANT YOUR LIFE TO LOOK LIKE?

WHAT CAN YOU DO TO GET YOUR DREAM LIFE?

WHAT DO YOU WANT YOUR SEX LIFE TO LOOK LIKE?

WHAT ARE YOUR TOP SEX FANTASIES?

IF YOU WATCH PORN WOULD YOU CONSIDER GIVING IT UP?

GUYS, DO YOU CUM PRE MATERLY, WHAT COULD YOU DO TO DELAY GRATIFICATION?

WHO IS YOUR DREAM PARTNER? WHAT DO THEY LOOK LIKE, WHAT DO THEY DO?

THESE ARE REDUNDANT QUESTIONS, BUT NOW THAT WE ARE ROLLING, WHAT DO YOU WANT YOUR LIFE TO LOOK LIKE? WHAT DO YOU WANT?

HOW CAN YOU IMPROVE YOUR LIFE?

WHAT'S YOUR FAVORITE ACTIVITY?

HOW CAN YOU BE THE BEST YOU?

WHAT SHARED ACTIVITIES ARE YOU LOOKING FOR IN A PARTNER?

WHAT ARE YOUR PERSONAL GOALS?

WHAT ARE YOUR PROFESSIONAL/FINANCIAL GOALS?

WHAT ARE YOUR RELATIONAL GOALS?

WHAT ARE YOUR HEALTH GOALS?

LETS MAKE SOME NEW GOALS!

HOW WOULD YOU DESCRIBE YOURSELF?

WHAT IS YOUR GREATEST ACCOMPLISHMENT?

WHAT ARE YOUR GREATEST FEARS?

WHAT ARE YOUR TOP STRENGTHS?

WHAT ARE YOUR TOP WEAKNESSES?

**WHAT WOULD YOUR LIFE LOOK LIKE IF YOU
DIDN'T HAVE TO WORK?**

ARE YOU RESILIENT? _____

DO YOU HAVE GRIT? _____

ARE YOU PERSISTENT? _____

DO YOU LOVE LIFE? _____

ARE YOU HAPPY? _____

WHAT CAN YOU DO TO BECOME HAPPIER?

WHAT AM I EXCELLING AT IN LIFE?

**WHAT AM I FAILING AT IN LIFE, AND HOW CAN I
REMEDY THESE FAILURES?**

WHY AM I INTERESTING?

WHAT GIVES ME ENERGY?

WHEN DO I FEEL MOST TIRED?

WHAT CAN I DO TO GET MORE ENERGY?

WHEN DO I HAVE THE MOST ENERGY?

**WHAT FOODS GIVE ME ENERGY? OR MAKE ME
FEEL TIRED OR CRUMMY?**

WHAT IS MY ACTUAL AGE? _____

HOW OLD DO I FEEL? _____

WHAT AM I GRATEFUL FOR?

HOW DO I SPEND MY TIME?

SLEEP _____

WORK _____

ALONE/FAMILY TIME _____

HOW DO I IDEALY WANT TO SPEND MY TIME?

SLEEP _____

WORK _____

ALONE TIME/FAMILY TIME? _____

HOW ARE MY RELATIONSHIPS WITH MY FAMILY, FRIENDS, CO-WORKERS?

DO YOU SLEEP WELL? HOW CAN YOU IMPROVE IT?

WHAT'S YOUR RELATIONSHIP WITH MONEY?

HOW CAN YOU SAVE MORE MONEY?

HOW CAN YOU START A BUSINESS TO MAKE MORE MONEY, HELP MORE PEOPLE, AND IMPROVE YOUR LIFE?

HOW CAN I VOLUNTEER MORE AND DONATE MORE MONEY TO CAUSES I CARE ABOUT?

WHAT CAUSES THE MOST STRESS IN MY LIFE?

HOW CAN I MANAGE AND GET RID OF STRESS?

WHY DO PEOPLE WANT TO BE MY FRIEND?

HOW IS MY COMMUNICATION? CAN I IMPROVE IT?

AM I NEEDY?

HOW CAN I BE NON NEEDY MORE?

DO I HAVE A BEST FRIEND OR GROUP OF FRIENDS TO ENJOY LIFE, TRAVEL WITH, AND GO OUT WITH?_____

HERE'S WHAT I THINK IT MEANS TO BE BEST FRIENDS WITH SOMEONE...

- 1) SOMEONE WHO TEXTS YOU TO HANGOUT AND TEXTS BACK MODERATELY QUICKLY.**
- 2) YOU DON'T WORRY ABOUT BEING CLINGY AROUND THEM.**
- 3) YOU CAN BE YOURSELF AROUND THEM.**
- 4) YOU CAN SAY WHAT YOU FEEL.**
- 5) YOU DON'T WORRY ABOUT BEING JUDGED.**
- 6) YOU LIKE TO DO SIMILAR THINGS AND HAVE SIMILAR INTERESTS.**